









Model Curriculum

QP Name: Beauty Care Assistant (Divyangjan)-LD

QP Code: PWD/JSS/BCA/2022

QP Version: 1.0

NSQF Level: 2

Model Curriculum Version: 1.0

Expository: Locomotor Disability (E001)









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Training Parameters

Sector	Jan Shikshan Sansthan
Sub-Sector	Beauty and Salons
Occupation	Beautician
Country	India
NSQF Level	2
Aligned to NCO/ISCO/ISIC Code	NCO-2015/5142.0101
Minimum Educational Qualification and Experience	No formal education OR May require ability to read and write for some qualifications
Pre-Requisite License or Training	
Minimum Job Entry Age	15 Years
Last Reviewed On	30.06.2022
Next Review Date	30.06.2026
NSQC Approval Date	22.10.2024
QP Version	1.0
Model Curriculum Creation Date	30.06.2022
Model Curriculum Valid Up to Date	30.06.2026
Model Curriculum Version	1.0
Minimum Duration of the Course	280 hrs
Maximum Duration of the Course	280 hrs









Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Prepare and Maintain work area
- Provide basic Skin Care services
- Carry out basic depletion services
- Perform Manicure & Pedicure
- Carry out simple makeup
- Perform simple hairdressing & hair styling for the client
- Apply simple mehndi designs

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
PWD/N1505 - Prepare & maintain work area NOS Version No 1.0 NSQF Level 2	07:00	23:00	00:00	00:00	30:00
Bridge Module	02:00	8:00	00:00	00:00	10:00
PWD/N1506 - Provide basic skin care services NOS Version No 1.0 NSQF Level 2	10:00	20:00	00:00	00:00	30:00
PWD/N1507 - Carry out basic depletion services NOS Version No 1.0 NSQF Level 2	10:00	20:00	00:00	00:00	30:00
PWD/N1508 - Perform Manicure and Pedicure NOS Version No 1.0 NSQF Level 2	05:00	10:00	00:00	00:00	15:00
PWD/N1509 - Carry out simple makeup NOS Version No 1.0 NSQF Level 2	15:00	30:00	00:00	00:00	45:00









PWD/N1510 -	10:00	20:00	00:00	00:00	30:00
Provide simple hair					
dressing & styling services					
for the client					
NOS Version No 1.0					
NSQF Level 2					
PWD/N1511 -	10:00	20:00	00:00	00:00	30:00
Apply simple mehndi					
designs					
NOS Version No 1.0					
NSQF Level 2					
Employability Skills for	70:00	00:00	00:00	00:00	70:00
Persons with Disabilities					
(70 hours) PWD/N0501					
NOS Version No. – 1.0 NSQF					
Level – 4					
Total Duration	137:00	143:00	00:00	00:00	280:00









Module Details

Module 1: Bridge Module

Terminal Outcomes:

- Introduction to JSS scheme
- Knowledge of scope of 'Beauty care Assistant'

Duration: 02:00	Duration : 08:00	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
 Provide introduction to the JSS Scheme Explain about the scope & objectives of Beauty care Assistant 	 List opportunities of income generation Create a catalogue with trending pics from the beauty market 	

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 2: Prepare & maintain work area PWD/N1505 V1.0

Terminal Outcomes:

Setup & maintain the work environment

Duration: 05:00	Duration: 15:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Discuss the significance of maintaining hygienic, fresher, and cleaner work environment Identify and prepare equipment & products required for the respective services Follow instructions to prepare standard sterilization solution Identify the need of separating the recyclable, non-recyclable and hazardous waste generated in separate bins 	 Demonstrate organizing the sterilized /disinfected equipment for a service delivery. Demonstrate waste disposal in the designated areas Demonstrate use off & maintenance of products and equipment as per guidelines and standard processes

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 3: Provide basic skin care services PWD/N1506 V1.0

Terminal Outcomes:

- Identify common skin ailments and suggest preventive measures
- Perform basic skin care services; such as facials, cleansing, exfoliations, bleaching/D Tan and blackhead extraction

Duration: 10:00	Duration: 20:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the anatomical structure of the skin, such as the layers of the epidermis, dermis, and subcutaneous layer etc Identify the functions of the skin like sensitivity, heat regulation, absorption, protection, excretion, secretion, and vitamin D production Recognize characteristics, types, and condition of the skin Recall effect of natural ageing on skin, facial muscles, and muscle tone List the environmental and life style factors affecting skin Identify contraindications, allergies which may occur during facing and bleach 	 Prepare the client, self, and work station for basic skin care Attend to skin conditions like psoriasis, eczema, acne before the service Perform skin cleaning, exfoliation, bleach/D tan and facial as per established service guidelines Perform safe manual blackhead extraction using come done extractor Apply face pack according to the skin condition and product guideline Attend contraindications, allergies which may occur during facing and bleach Demonstrate face, back and body massage during the service service Display skin diseases with causes & intervention in the work area

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCDProjector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 4: Carry out basic depletion services PWD/N1507 V1.0

Terminal Outcomes:

Perform basic hair (unwanted hair) removal services, including waxing, threading etc

Duration: 10:00	Duration: 20:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Explain dos and don'ts of various hair removal techniques to the clients Identify contraindications that affect or restrict waxing / use of hair removal creams Select hot/cold wax based on hair/skin type and preference of client Use the tools and materials for threading eg (thread, scissors, tissue etc) Inform about the advantages/side effects and alternate ways for hair removal List methods to carry out threading Ensure customer service principles including privacy and protection to the modesty of the customer 	 Demonstrate safe and effective methods of working when waxing Demonstrate use clean equipment /materials during waxing Perform hair removal based on standard process and guidelines Apply various methods of hair removal as per preference of the client and skin type Attend to contraindications using appropriate product and service after waxing/plucking/threading
Classroom Aids:	

Whiteboard and Markers Chart paper and sketch pens LCDProjector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 5: Perform Manicure and Pedicure PWD/N1508 V1.0

Terminal Outcomes:

- Prepare work area, tools & products for Mani & Pedi
- Perform manicure and pedicure

Duration: 05:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 List the pre requisite for manicure and pedicure Differentiate between basic and advanced manicure and pedicure (variation in products, process, duration etc) Identify the structure, function, and characteristics of nail and the process of nail growth Identify bones of lower leg, foot, wrist, hands fingers and forearm Explain the structure and functions of the lymphatic vessels of the lower leg, foot, hand, and arm Explain the arteries and veins of lower leg, foot, hand, and arms Identify muscles of the lower leg, foot, hand, and arms Identify disease and disorders of nails, Explain nail and analyze skin by visual/manual examination to identify treatable conditions and contraindications restricting or preventing treatment 	 Apply safe and effective methods of working when providing services Perform client consultation, treatment planning and preparation Demonstrate the process followed in pedicure and manicure services Apply various methods of hair removal as per preference of the client and skin type Attend to contraindications using appropriate product and service after waxing/plucking/threading Demonstrate and identify contraindications and contra-actions that may affect or restrict the services Perform aftercare advice for clients

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 6: Carry out simple makeup PWD/N1509 V1.0

Terminal Outcomes:

- Prepare work area, tools & products for services
- Perform simple makeup

 Identify & select suitable skin care and make-up products to meet the client's needs; such as by identifying basic skin types and skin tone correctly Describe the need of cleaning, toning, and moisturizing the skin to suit the client's Practical – Key Learning Outcome Conduct client consultatio Planning and preparation client's needs, based on skin constraints, and client present the make-up products to meet the client's Perform the make-up products to meet the client's needs, based on skin tone correctly 	
 make-up products to meet the client's needs; such as by identifying basic skin types and skin tone correctly Describe the need of cleaning, toning, and Planning and preparation client's needs, based on skin tone correctly Perform the make-up products to meet the client's 	ıtcomes
skin type and needs in the correct sequence, applying correct techniques Identify & select the correct make-up products to enhance facial features, to suit the client's needs and achieve the desired effect, using make-up products: foundation, powder, blusher, mascara, eye shadows, eye liner, eyebrow pencil, lip liner and lip stick/gloss, etc. Explain the role of disposing off waste materials as per organizational standards in a safe and hygienic manner Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers correctly and safely to me the client Demonstrate various plan simple makeup services Permonstrate and identify indications and contra-act affect or restrict the service acceptable time and as permonal standards Perform aftercare advice for Practice handling the cost avoiding any additional wing crumpling; such as saree, limited to the custome on customers Classroom Aids:	ration to meet the d on skin types, nt preferences up procedures using nt, and techniques to meet the needs of s plans followed in ices entify contractra-actions that may exervices the procedure to the lient in a commercially d as per organisational dvice for clients e costume safely, and wrinkles or caree, lehenga, own, dupatta etc. In customer using and without

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 7: Provide simple hair dressing & styling services for the client PWD/N1510 V1.0

Terminal Outcomes:

• Perform variety of common hair dressing techniques for the clients

Duration: 10:00	Duration: 20:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Identify the condition of the hair and scalp and provide the suitable services; conditions such as hair structure and hair shaft Identify & select suitable products, tools and equipment based on the client's hair and scalp condition safely Identify the contra-indications that may affect service plan and relevant actions Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Prepare self, client, and the work area for head massage Perform various styles according to the occasion based on hair cut/style, texture, length, density, growth patterns, skin tone, face shape, lifestyle, existing curl; such as Plait, twists, braids, knots, chignon, pleat, rolls, ringlets, smooth blow dry, curly blow dry, etc Use various hair accessories: Pins, clips, false hair, parrandas, nets, veils, fresh flowers (Gajra), etc Perform hair straightening or blow-drying hair as per the required hairstyle Carry out disposing of all the waste safety according to the salon's standards of hygiene and safety Perform aftercare advice for clients

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 8: Apply simple mehndi designs PWD/N1511 V1.0

Terminal Outcomes:

• Carry out application of simple mehndi designs

Duration: 10:00	Duration: 20:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Identify contra-indications and contraindications for mehndi application Describe the process of preparing and storing mehndi Explain the skin sensitivity, its importance and procedure Identify risks of using sub-standard products List the significance of providing customer comfort and satisfaction while undergoing the process of mehndi application Identify the factors impacting resultant colour of the applied mehndi 	 Apply right consistency of mehndi mixture Apply simple design elements used for mehndi designing Select various parts of the body commonly used for mehndi application Follow customer service principles including privacy and protection to modesty of the customers Perform aftercare advice for clients
Classroom Aids:	

Classroom Aids:

Whiteboard and Markers Chart paper and sketch pens LCD Projector and Laptop for presentations

Tools, Equipment and Other Requirements









Module 9: Employability Skills for Persons with Disabilities (70 hours)

Mapped to PWD/N0501

Terminal Outcomes:

- Introduction to Employability Skills
- Constitutional Values: Citizenship
- Becoming a Professional No. of Hours Page No. in the 21st Century
- Basic English Skills
- Communication Skills
- Essential Digital Skills
- Diversity and Inclusion
- Financial and Legal Literacy
- Career Development and Goal-Setting
- Customer Service
- Getting Ready for Apprenticeships and Jobs
- Disability Specific Skills
- Entrepreneurship

Introduction to Employability Skills Duration: 3 Hours

After completing this programme, participants will be able to:

Explain the Importance of Employability Skills

List the benefits of e learning

Explore the Future of Work

Constitutional values - Citizenship Duration: 2 Hours

2.1 Explain the Constitutional Values, including civic rights and duties, citizenship, responsibility towards society and personal values and ethics such as honesty integrity, caring and respecting others that are required to become a responsible citizen and its Guiding Principles, basic details of RPwD Act 2016, different types of disability, flagship schemes of the Department including Skilling, Scholarship, ADIP and UDID cards

2.2 Practice ways to Protect the Environment

Becoming a Professional in the 21st Century Duration: 3 Hours

- 3.1 Discuss importance of relevant 21st Century Skills on Employability
- 3.2 Exhibit 21st century skills in personal & professional life about self-qualities including abilities & disability,
- 3.3 Describe the benefits of Critical Thinking and Decision-Making

Basic English Skills Duration: 10 Hours

- 4.1 Discuss the importance of learning English
- 4.2 Describe words, objects, surroundings, and processes using adjectives
- 4.3 Illustrate benefits of being attentive during communication
- 4.4 Differentiate between response & guestions
- 4.5 Use expressions appropriately to convey information to others
- 4.6 List different types of sentences
- 4.7 Apply punctuations appropriately in a sentence
- 4.8 Write simple sentences using correct words order
- 4.9 Read and understand Job descriptions to one's own skills & education
- 4.10 Write applications and cover letters in various contexts

Communication Skills Duration: 5 Hours

- 5.1 Discuss importance of Communication, types, and characteristics of effective communication
- 5.2 Write letter, email, resume etc
- 5.3 Practice non-verbal communication appropriately in different contexts
- 5.4 Practice communication effectively (formal and informal)
- 5.5 Use text messaging for effective workplace communication









Essential Digital Skills Duration: 10 Hours

- 6.1 Discuss significance of digital skills in everyday life/work
- 6.2 Recognize parts & functions of a computer & its operation with screen reader software
- 6.3 create MS Word file using all basic features
- 6.4 Discuss significance of Search Engines to find relevant information using keyboards
- 6.5 Operate Social Media platforms safely
- 6.6 Discuss significance of safe search and protection from cyber crime
- 6.7 Use Email effectively for sharing files and other documents
- 6.8 Explain ways to learn using Mobile Applications
- 6.9 Create meeting invite using Online Meeting Tools like google meet/Zoom
- 6.10 Explore Popular Sites for Learning and Career Growth

Diversity & Inclusion Duration: 3 Hours

- 7.1 Describe value of Diversity in the workplace
- 7.2 Support in creating Inclusive workplace
- 7.3 Follow Prevention of Sexual Harassment in the Workplace [POSH]

Financial and Legal Literacy Duration: 6 Hours

- 8.1 Manage income and monthly expenditure
- 8.2 Understand processes & basics of banking like types of accounts, and doing transactions safely using passbooks, cheques, debit, and credit cards
- 8.3 Operate online banking and Digital Transactions
- 8.4 Make online payments securely
- 8.5 Make effective saving plans
- 8.6 Use policies and guidelines of the Government appropriately on requirement

Career Development & Goal Setting Duration: 5 Hours

- 9.1 Prepare oneself for the World of Work
- 9.2 Match Interests and Abilities with the choice of Career
- 9.3 Create a career pathway
- 9.4 Conduct Market scan for employment opportunities
- 9.5 Implement long term and short term goals in setting career

Customer Service Duration: 5 Hours

- 10.1 Provide services and build relationship with customer
- 10.2 Deal with different types of Customers
- 10.3 Identify Customer needs
- 10.4 Use simple techniques for communicating with Customers
- 10.5 Close Sales and take Customer feedback

Getting Ready for apprenticeship & Jobs Duration: 10 Hours

- 11.1 Maintain personal grooming and hygiene
- 11.2 Create resume
- 11.3 Prepare & follow up for an Interview
- 11.4 Decode Interviews in advance
- 11.5 Handlle rejection and failure
- 11.6 Participate in Industry Visit: 1 Hour
- 11.7 Make reflections post Industry Visit
- 11.8 Register on portals (Urban company, Helpr, etc) to explore relevant Job opportunities
- 11.9 Apply for Jobs using Online Portals
- 11.10 Enroll as Apprentice on NAPS

Disability Specific Skills Duration: 5 Hours

- 12.1 Prepare for Livelihood Reality
- 12.2 Identify key abilities and perform at par with others
- 12.3 Create solution-oriented approach towards challenges/barriers
- 12.4 Exhibit skills to gain respect
- 12.5 Create a harmonious work environment at the Workspace









Entrepreneurship

Duration: 3 Hours

- 13.1 Recognize the roles and responsibilities of an entrepreneur
- 13.2 Differentiate between Self-Employment & Entrepreneurship
- 13.3 Conduct an effective Market Scan

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational	Specialization	Relevant Industry Experience		Training Experience		Remarks
Qualification		Years	Specialization	Years	Specialization	
ITI/Certificate	NA	2	NA	NA	NA	She should have knowledge of equipment, tools, materials, safety, health & hygiene. She may also be well versed with the employability skills etc

Trainer Certification						
Domain Certification	Platform Certification	Disability specific Top Up training				
Certified trainers from the NCVET recognized Awarding Bodies	"Trainer", "MEP/Q2601", with scoring of minimum 80%.V2.0	The Inclusive Trainer should be certified in Disability Specific Top Up Training PWD/ Q0101, v1.0 Trainer-PwD conducted by SCPwD with minimum accepted score of 80% as per SCPwD guidelines.				









Assessor Requirements

Assessor Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training/Assessment Experience		Remarks
		Years	Specialization	Years	Specialization	
CTS/ATS	H.S. with one yr. Certificate in makeup application/NTC /NAC in the trade of Cosmetology	-	-	-	-	-
Diploma	Diploma in Beautician	-	-	-	-	-
Graduate	Cosmetology/Beauty Courses		-	2	-	-

Assessor Certification				
Domain Certification	Platform Certification	Disability specific Top Up training		
Certified for Job Role: "Assistant Beauty Therapist" mapped to QP: PWD/BWS/Q010 1 with Minimum accepted score is 80%	Recommended that the Assessor is certified for the Job Role: "Assessor (VET & skills)", mapped to the Qualification Pack: "MEP/Q2701, v2.0". Minimum accepted score is 80%.	The Inclusive Assessor should be certified in Disability Specific Top Up Training conducted by SCPwD with minimum accepted score of 80% as per SCPwD guidelines.		









Assessment Strategy

This section includes the processes involved in identifying, gathering and interpreting information to evaluate the learner on the required competencies of the program.

- 1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for each PC.
- 2. Each NOS will be assessed both for theoretical knowledge and practical
- 3. The assessment will be based on knowledge bank of questions created by the SSC.
- 4. Individual assessment agencies will create unique question papers for theory and skill practical part for each candidate at each examination/training centre
- 5. To pass the Qualification Pack, every trainee should score a minimum of 50% in every NOS
- 6. In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequentassessment on the balance NOS's to pass the Qualification Pack









Guidelines for Trainers

Persons with Locomotor

DisabilityCharacteristics

Students with physical disabilities may experience limitations in one of the following ways:

- Writing;
- Sitting at a standard desk or on the floor;
- Participating in activities where tables and instruments are difficult to access;
- Movements within the class and within the school:
- Mobility in spaces that are not user friendly for wheelchair.

Guidelines for Trainers

- 1. Provide a supportive and welcoming environment by sensitizing other students /staff for creating a sense of responsibility in them.
- 2. Make the classroom accessible.
- 3. Sitting plan should include accommodating a Person using Wheelchair in the front row.
- 4. Provide accessible seating arrangement. The height of the table should be accessible for Persons using wheelchair.
- 5. Make writers available for written work and for tests and exams if the candidate has difficultyin writing owing to upper limb dysfunction.
- 6. Give additional time for completing assignments/exams.
- 7. Consider alternative to activities involving writing, drawing and other fine motor activities, such as sorting, threading, solving puzzles, etc. for persons whose upper limbs are affected
- 8. Free movement of learners within the class must be ensured by keeping the classroom environment clutter free. There should be accessible walking space for safe walking with no protruding objects or obstacles in the classroom/laboratory or corridors.
- 9. Students can use adapted brushes, modified pencils and thick markers that can be gripped easily, for drawing. Alternatively, the candidates can use stamping methods or paste cut outs. The books, papers, brushes etc. can be fixed on the table with the help of tape etc. so that they do not slip down.
- 10. For assessment, have students present the material orally or if required, with the help of a scribe. Use objective type, multiple type questions using yes/no or true/false answers.









References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.









Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards